

JANUARY 2012 BREAKFAST MENU DWIGHT GRADE SCHOOL #232



Make Choices for a Healthy lifestyle!



Join us for breakfast in January - stay warm all day!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Oatmeal Cookie Cereal Diced Peaches CHOICE OF CEREAL OR BOILED EGG w/Toast	4 English Muffin w/Peanut Butter Orange Wedges CHOICE OF CEREAL OR BOILED EGG w/Toast	5 Super Doughnut Cinnamon Apple Slices CHOICE OF CEREAL OR BOILED EGG w/Toast	6 Cheesy Eggs w/Toast Sweet Pears CHOICE OF CEREAL OR BOILED EGG w/Toast
9 French Toast Sticks w/Syrup Cinnamon Applesauce CHOICE OF CEREAL OR BOILED EGG w/Toast	10 Breakfast *Sausage Pizza Diced Peaches CHOICE OF CEREAL OR BOILED EGG w/Toast	11 STICKER DAY Homemade Muffin Banana CHOICE OF CEREAL OR BOILED EGG w/Toast	12 English Muffin Sandwich 100% Apple Juice CHOICE OF CEREAL OR BOILED EGG w/Toast	13 NO SCHOOL
16 NO SCHOOL	17 Pancakes w/Syrup Mandarin Oranges CHOICE OF CEREAL OR BOILED EGG w/Toast	18 Egg & Cheese Hot Pocket 100% Apple Juice CHOICE OF CEREAL OR BOILED EGG w/Toast	19 Bagel w/Cream Cheese Apple CHOICE OF CEREAL OR BOILED EGG w/Toast	20 Cinnamon Roll Diced Peaches CHOICE OF CEREAL OR BOILED EGG w/Toast
23 English Muffin w/Peanut Butter Orange Wedges CHOICE OF CEREAL OR BOILED EGG w/Toast	24 French Toast Sticks w/Syrup Sweet Pears CHOICE OF CEREAL OR BOILED EGG w/Toast	25 Country Biscuit w/*Sausage Gravy 100% Apple Juice CHOICE OF CEREAL OR BOILED EGG w/Toast	26 Raspberry Breakfast Round Diced Peaches CHOICE OF CEREAL OR BOILED EGG w/Toast	27 Bagel w/Cream Cheese Orange Wedges CHOICE OF CEREAL OR BOILED EGG w/Toast
30 Waffles w/Syrup 100% Pineapple Juice CHOICE OF CEREAL OR BOILED EGG w/Toast	31 STICKER DAY Oatmeal Cookie Cereal Diced Peaches CHOICE OF CEREAL OR BOILED EGG w/Toast	Breakfast \$1.50 Milk 55¢ 5 day ticket \$7.50		

Questions about the menu?
Call 815-584-6226
Sharon Soto
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.



PLEASE NOTE

Menu changes may be necessary. Notice will be given when possible.
1% and fat free milk offered daily. *Contains pork

